

Paul Ware's work compared to Taibi Kahler's discoveries

1. Dr. Paul Ware did not identify six Personality Types, he identified six clinical categories that he called Adaptations.
2. Because Dr. Ware did not write about Personality Types, Dr. Kahler could not have taken them from him. Dr. Kahler researched “feelings, thoughts, and behaviors” and found the following correlations to his six Personality Types.¹ He called these Perceptions: Emotions for Harmonizers (previously Reactors), Thoughts for Thinkers (previously Workaholics), Opinions for Persisters, Reactions for Rebels, Actions for Promoters, and Inactions for Imaginers (previously Dreamers).
3. Dr. Ware did not write the article “Personality Adaptations” in 1980. It was published in the January, 1983 issue of the Transactional Analysis Journal.² In this article he identified 6 diagnostic, DSM III Adaptations, which by definition referred only to distressed behaviors. He hypothesized about and referenced which of Dr. Taibi Kahler’s Drivers would be associated with each Adaptation. He did the same for the Goulding injunctions. He did not refer to Personality Types or to positive, non clinical behaviors.
4. At the time Dr. Ware was not aware of Dr. Kahler’s research on the six Personality Types, which verified the accurate Driver and injunction.
5. Dr. Kahler’s Miniscript³ identified the three degrees Distress Sequence for each of his six Personality Types, when at a diagnosed, “clinical” level of behavior corresponded to Ware’s term “Adaptation”.
6. Dr. Kahler originated Drivers in 1970. His Miniscript article with these Drivers was published in the January, 1974 issue of the Transactional Analysis Journal.⁴ 4:1, January 1974 issue. (5). For originating the Miniscript and Drivers he received the Eric Berne Memorial Scientific Award in 1977, voted upon by the 10,000 membership in 52 countries.
7. Dr. Kahler was the first to create and name the “six Personality Types” in 1979, labeling them as such, and identifying both the positive and the distressed behaviors of each.^{5,6}

8. Dr. Ware did not base his work on Erskine, but rather on the established foundation in psychology of “feelings, thoughts, and behaviors” that Eric Berne popularized in his three ego states, “Child, Adult, Parent”. Paul Ware’s contribution of Doors was unique in hypothesizing that each patient had an order of them.
9. When Dr. Ware became aware of Dr. Kahler’s Process Communication Model® (PCM) and Process Therapy Model (PTM) he became a certified PTM trainer.
10. With respect to Dr. Ware’s Doors, after learning about the PCM and PTM concept of “Phase,” he agreed that his concept of addressing the Target was not totally accurate. The “Target” is a person’s Phase, which may or may not also be the Contact Door. ⁷
11. Dr. Kahler did not “take” from Transactional Analysis in creating PCM and PTM. Rather he added to what he had already contributed to TA and validated it with research. ^{8,9,10,11,12,13,14,15} For details on the contributions included in the noted publications, please see the Appendix.
12. Dr. Ware’s endorsement on the cover of Dr. Kahler’s The Process Therapy Model book ¹⁶ stated “This is the definitive work for understanding and working with the six PTM Personality Types and integrating my Personality adaptations. Taibi is a theorist’s theorist. Every therapist needs to know and use his Process Therapy Model.”

¹“Personality Pattern Inventory Validation Studies”, Kahler Communication, Inc., 1982.

²“Personality Adaptations”. Transactional Analysis Journal.13:1, January, 1983.

³“The Miniscript”. Transactional Analysis Journal. 4:1, January 1974.

⁴ “The Miniscript”. Transactional Analysis Journal. 4:1, January 1974.

⁵ Managing with the Process Communication Model. July 29, 1979. Human Development Publications.

⁶ Process Therapy in Brief. July 29, 1979. Human Development Publications.

⁷ See letters from Dr. Ware to Dr. Kahler regarding the Process Models attached as Exhibit 1.

⁸ Taibi Kahler, Ph.D., Independent Study using the Kahler Transactional Analysis Script Checklist, 1972.

⁹ Taibi Kahler, Ph.D., “Treating NIGYSOB’s”, Transactional Analysis Journal, 2:2, pp.81, April 1972.

¹⁰ Taibi Kahler, Ph.D. with Hedges Capers, Div. M., LHD., “The Miniscript”, Transactional Analysis Journal, 4:1, pp. 26-42, January 1974.

¹¹ Taibi Kahler, Ph.D., “Structural Analysis”, Transactional Analysis Journal, 5:3, 267-271, July 1975.

¹² Taibi Kahler, Ph.D., “Scripts: Process vs. Content”, Transactional Analysis Journal, 5:3, 277-279, July 1975.

¹³ Taibi Kahler, Ph.D., “Drivers – The Key to the Process Script”, Transactional Analysis Journal, 5:3, 280-284, July 1975.

¹⁴ Taibi Kahler, Ph.D., “Existential and Behavioral Life Positions”, The Bulletin of the Eric Berne Seminar, 1:3, pp. 16-17, September 1979.

¹⁵ Taibi Kahler, Ph.D., Transactional Analysis Revisited, Human Development Publications, 1978.

¹⁶ The Process Therapy Model, The Six personality Types with Adaptations. Taibi Kahler, Ph.D., Taibi Kahler Associates. 2008. ISBN 0-9816565-0-1. Library of Congress Control No. 2008902336.